



**DISTRICT OF COLUMBIA  
DEPARTMENT OF HEALTH  
ADDICTION PREVENTION AND RECOVERY ADMINISTRATION**

## **ADOLESCENT SUBSTANCE ABUSE TREATMENT EXPANSION PROGRAM PROVIDER DIRECTORY**



### **YOU HAVE A CHOICE!**

- Easy to read, client-centered program descriptions;
- Colorful, user-friendly tools to help you compare programs using the criteria important to you;
- Find programs by Ward, Metro access, special programs, and more!

February 25, 2010

Dear Client,

It is with pleasure that I welcome you to the Adolescent Substance Abuse Treatment Expansion Program (ASTEP). ASTEP is the District of Columbia's adolescent substance abuse treatment program. ASTEP has made substance abuse treatment more accessible by giving adolescents, as well as their families and caregivers, the ability to go directly to any ASTEP treatment program for a substance abuse assessment. During the assessment, a qualified treatment professional will ask you a series of questions that are designed to help determine the level of care needed for treatment. Following the assessment, you may choose to begin receiving treatment services from the ASTEP program that performed the assessment, or you may request a referral to another substance abuse treatment program in the ASTEP network that you feel will better suit your needs. Each ASTEP program has skilled staff able to coordinate a referral or transfer to the ASTEP program of your choice. Through ASTEP, you will benefit from a community of provider agencies committed to delivering high quality substance abuse treatment services.

This Directory was developed to present important information about the treatment programs in the ASTEP network in a clear, easy to understand format. In this Directory you will find helpful information about the clinical features of each program, the treatment services available, hours of operation, contact information, and the nearest Metro station or metrobus line. In addition, many programs offer special features such as homework assistance programs, transportation to your appointments, job readiness training, and snacks. This Directory is best used in consultation with a caring adult; such as a parent, guardian, counselor, social worker, or another adult who can help you compare the special features of each program and select the program that fits your needs and your life.

As more adolescent treatment providers join the ASTEP network, we will continue to update this Directory to ensure accurate program information. If you have questions or need assistance, please contact Valentine Onwuche at [valentine.onwuche@dc.gov](mailto:valentine.onwuche@dc.gov) or (202) 535-1259.

Sincerely,

Tori L. Fernandez Whitney  
Senior Deputy Director  
Addiction Prevention and Recovery Administration

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**ASTEP PROVIDER DIRECTORY**

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## FREQUENTLY ASKED QUESTIONS

### **Question: Who is Eligible to Participate in ASTEP?**

Answer: ASTEP supports substance abuse treatment for:

- District residents;
- Younger than the age of 21 or up to 22 years of age with a Social Security Administration determination of disability;
- Without private medical insurance, or whose medical insurance does not cover substance abuse treatment services;
- Who are Medicaid eligible or who have been determined ineligible to receive Medicaid benefits by the Income Maintenance Administration (IMA); and
- With an Axis I diagnosis of a substance use disorder.

If you are a District resident in need of substance abuse treatment services, contact any ASTEP provider for an assessment. During the assessment, an addiction professional will ask you a series of questions to help you determine whether you meet the criteria for participation.

### **Question: How Do I Prove District Residency?**

Answer: Documents that establish District of Columbia residency for the purpose of participating in ASTEP include:

- A valid motor vehicle operator's permit issued by the District;
- A non-driver's identification card issued by the District;
- A voter registration card with an address in the District;
- A copy of a lease or a rent receipt for real property located in the District;
- A utility bill for real property located in the District; or
- A copy of the most current federal income tax return or Earned Income Credit Form.

Under certain circumstances, Medicaid beneficiaries may not be domiciled in the District of Columbia.

### **Question: What Do I Need to Bring With Me When I Come for My Assessment?**

Answer: You must bring proof of residency in order to access ASTEP services. Bringing your Medicaid card is helpful, but not required. If you have been referred to services by another District agency, please remember to bring your referral form. Please do not bring large sums of money, valuables, weapons, drugs and alcohol, or other contraband to your assessment.

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## Federal City Recovery Services-HYPPER

**316 F Street NE  
Washington, DC 20002  
(202) 548-8460 (main)  
(202) 710-1850 (intake)  
Ward 6**

### Treatment Services

Individual Therapy  
Co-ed Group Therapy  
HIV/AIDS focused Treatment

### Evidence-based Treatment Models

Cognitive Behavioral Therapy  
Motivational Enhancement Therapy



### HOURS OF OPERATION

**9:00 am-8:00 pm Mon—Fri  
12:00 pm-8:00 pm Sat  
9:00 am-5:00 pm Sun**

Federal City Recovery Services applies its highly effective HYPPER (Helping Young People Perform Excel and Recover) program within our Level I Outpatient and Level II Intensive Outpatient treatment environment. Intake, assessment, orientation, individual counseling, and therapy take place Monday through Friday from 9:00 a.m. to 4:00 p.m. Group treatment takes from 3:30 pm to 8:00 pm.

**Join us for Pro-social Activities!**

**Movie Night  
Skate Night  
Organized Sports**

### **THIS PROGRAM OFFERS ACCESS TO RECOVERY (ATR) SERVICES!**

Spiritual Support Groups • Transportation • Group Education Services • Individual Education Services • Group Life Skills • Individual Life Skills • Individual Recovery Mentor/Coach • Parenting Services • Family and Marital Services • HIV/AIDS Education

### Metro Access

**Red Line-Union Station  
80, 90, 92, 93, 96, 97, D1, D3, D4, D6,  
D8, X1, X2, X8 DC Circulator**

### **We Offer Snacks!**



## Hillcrest Children's Center Adolescent Outpatient Treatment Program

1408 U Street NW  
Suite A  
Washington, DC 20009  
(202) 232-6100  
Ward I

### Treatment Services

Individual Therapy  
Family Therapy  
Co-ed Group Therapy  
Mental Health/Co-Occurring Treatment

### Evidence-based Treatment Models

Cognitive Behavioral Therapy  
Motivational Enhancement Therapy



### HOURS OF OPERATION

8: 30 am-8: 00 pm Mon—Fri  
9:00 am-4:00 pm Saturday

The program will provide accessible, culturally appropriate and multi-level intensive outpatient treatment which includes: case management, diagnosis, referral and other substance abuse support services, individual and group therapy, social services, prevention, drug education, criminal-related activities, and vocational training. The program will provide services to families to eliminate or reduce drug/alcohol use to facilitate recovery services using a holistic approach to treatment. Youth will be engaged in the Cannabis Youth Treatment Model. Hillcrest serves adolescents between the ages of 12-21 in a culturally diverse environment.

Hillcrest Children's Center has been certified by the D.C. Department of Mental Health as a provider of mental health services.



### **We Offer Snacks!**



### Metro Access

Green Line-Columbia Heights  
42, 43, 52, 53, 54, 63, 64, 70,  
71, 79, 90, 92, 93, DC98, H1,  
H2, H3, H4, H8, L2, S1, S2, S4,  
S9, X3

## Latin American Youth Center

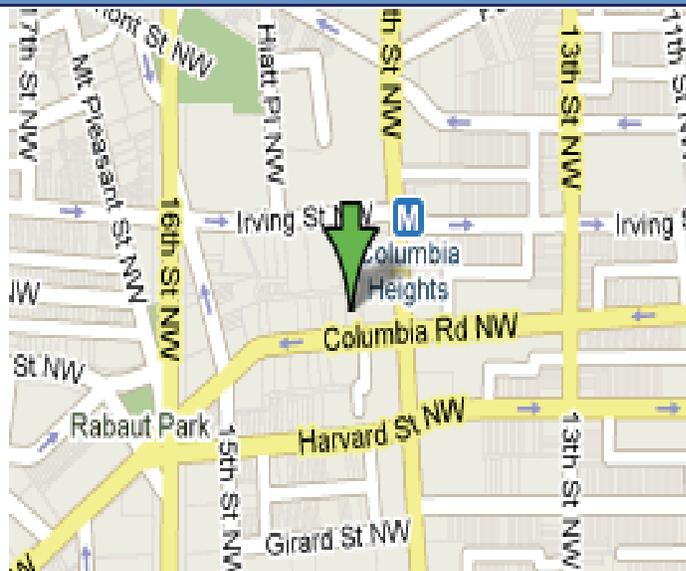
**1419 Columbia Rd NW  
Washington, DC 20009  
(202) 319-2229  
Ward I**

### Treatment Services

Individual Therapy  
Co-ed Group Therapy  
Trauma Focused Treatment  
Mental Health/Co-Occurring Treatment

### Evidence-based Treatment Models

Cognitive Behavioral Therapy  
Motivational Enhancement Therapy



### HOURS OF OPERATION

**9: 00 am-7: 00 pm Mon—Fri**  
**Client Intake**  
**9:00 am-3:30 pm Mon & Wed**

L.A.Y.C. provides outreach, prevention, and outpatient treatment services to youth and their families in both English and Spanish. Substance abuse prevention, treatment, and rehabilitation are accomplished through a holistic program combining screening, intake, assessment, and individual, group, and family therapy. In addition, we offer medication management, case management, school-based groups, and referrals to appropriate resources.

In addition, L.A.Y.C. is a certified Core Service Agency (CSA) through the Department of Mental Health. Outpatient mental health treatment is provided by L.A.Y.C.'s Treatment Unit in both English and Spanish. The treatment is strength based, integrating cultural and generational differences and incorporating each family's special needs into the individualized treatment plan. Our services are provided on-site, in homes, schools, and neighborhoods. Adolescents involved in court and foster care systems also benefit from the various services provided to them and their families.

### Metro Access

Green Line-Columbia Heights  
42, 43, 52, 53, 54, 63, 64, 70, 71,  
79, 90, 92, 93, DC98, H1, H2, H3,  
H4, H8, L2, S1, S2, S4, S9, X3

**Find us on the Web!**  
**[www.layc-dc.org](http://www.layc-dc.org)**

## Riverside Treatment Center Outpatient/Intensive Outpatient Treatment Program

2041 Martin Luther King Jr. Ave, SE  
Suite 311  
Washington, DC 20020  
(202) 889-3182  
Ward 8



### Treatment Services

- Individual Therapy
- Family Therapy
- Co-ed Group Therapy
- Mental Health/Co-Occurring Treatment

### Evidence-based Treatment Models

- Cognitive Behavioral Therapy
- Motivational Enhancement Therapy
- Positive Behavioral Interventions and Supports

### HOURS OF OPERATION

1: 00 pm-8:30 pm Mon-Fri

**We offer a 24 hour crisis helpline!**

The Riverside Outpatient Program is specifically designed to provide a continuum of treatment for adolescents and young adults who are abusing or addicted to substances and who may present with co-occurring psychiatric disorders. The multidimensional modalities offered include assessment, treatment, education, prevention, case management, systems coordination, family interventions, home visits and evidence based manualized treatment approaches that include the Cannabis Youth Treatment (CYT), Motivational Enhancement Therapy (MET), and Cognitive Behavioral Therapy (CBT) 12 Series. Twelve Step A.A. /N.A. materials geared towards young people's interest levels are utilized. Program elements also include an aggressive family outreach program, cultural enrichment activities, life skills, ethics, conflict resolution, self-esteem, anger management and socialization curricula. Transportation and meals are provided for all clients.



**We Offer Snacks!**



### Metro Access

Green Line-Anacostia Metro Station  
90, 92, 93, 94, A2, A4, A6, A8, A42, A46,  
A48, B2, P6, V7, V9, W2, W6, W8

## Second Genesis Adolescent Outpatient/Intensive Outpatient Treatment Program

4017 Minnesota Ave, NE  
Washington, DC 20019  
(202) 388-8570 (main)  
(240) 338-7906 (intake)  
Ward 7

### Treatment Services

Individual Therapy  
Family Therapy  
Co-ed Group Therapy

### Evidence-based Treatment Models

Cognitive Behavioral Therapy  
Motivational Enhancement Therapy



**HOURS OF OPERATION**  
3: 30 pm– 6: 30 pm Mon—Fri

Second Genesis is one of the oldest providers of substance abuse treatment services in the Washington, DC community. Our culturally competent staff all possess a high level of commitment and skill while providing a standard of clinical excellence in the East of the River Community. Our goal is to help rebuild shattered lives, families, and communities; which we hope to accomplish through our Youth Outpatient Services program.

### **THIS PROGRAM OFFERS ATR SERVICES!**

Transportation • Group Education Services • Individual Education Services • Group Life Skills • Individual Life Skills • Parenting Services • Family and Marital Services • HIV/AIDS Education • Care Coordination • Recovery Mentoring

### **We Offer Snacks!**

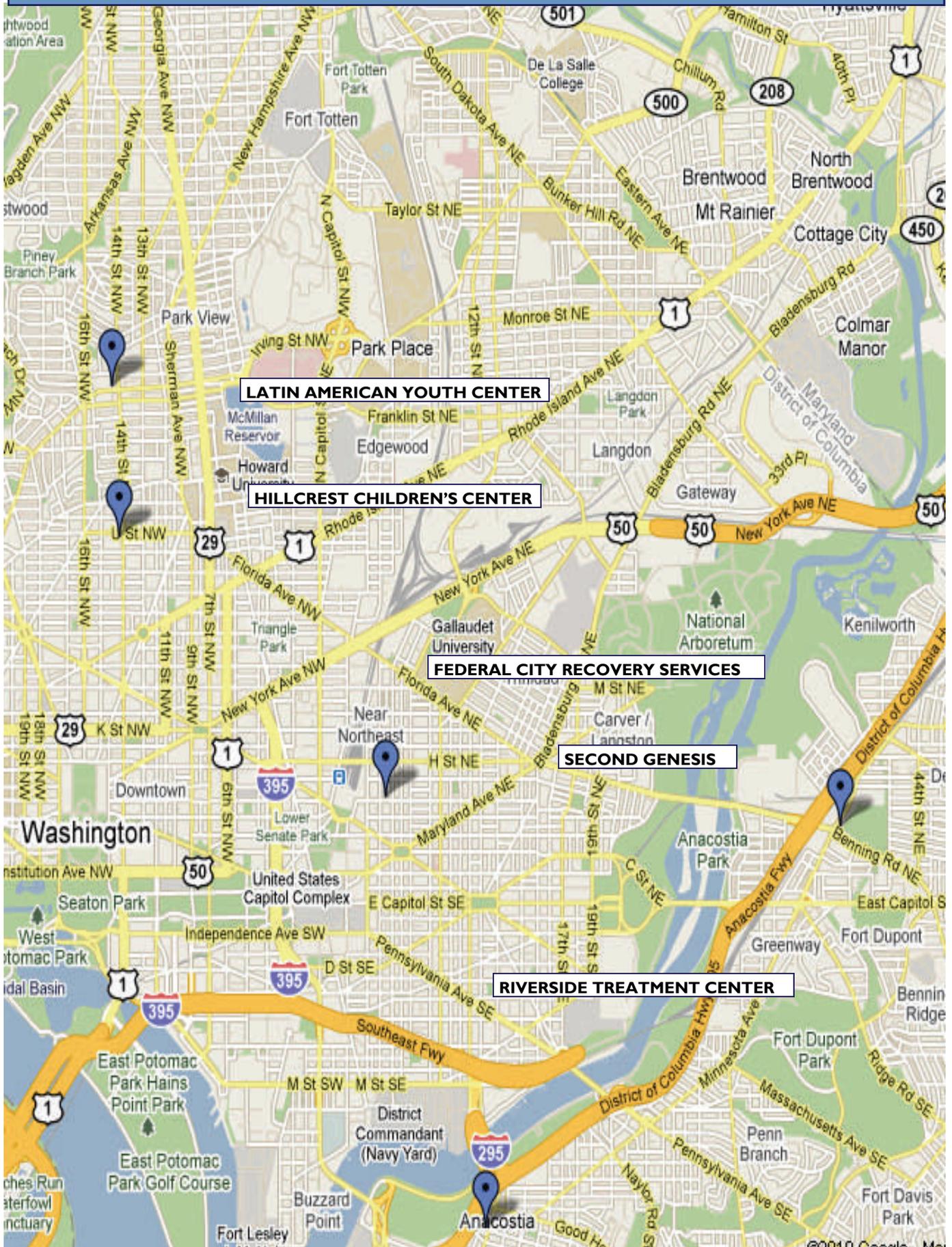


Find us on the Web!  
[www.secondgenesis.org](http://www.secondgenesis.org)

### **Metro Access**

Orange Line-Minnesota Ave.  
U2, U4, U5, U6, U8, V7, V8, X1, X2, X3

# ASTEPROVIDERMAP



# NOTES

**Addiction Prevention and Recovery Administration**  
**1300 First Street NE**  
**Washington DC 20002**  
**(202) 535-1259**  
**[www.doh.dc.gov/apra](http://www.doh.dc.gov/apra)**

